

KS RISE VBC PARENT MEETING

2023-2024 Season

CONTACT INFORMATION

- Alexi Keating – Club Director
 - ksrisevbc@outlook.com
 - 316-573-7954
 - General Office Hours: None specifically, please be respectful of “normal” daytime hours
- Alexi is available through Facebook Messenger on the Rise VBC page
 - www.facebook.com/ksrisevbc

IMPORTANT DATES

- Practices to start 11/12 or after
- Uniform fittings by team
- Team tournament calendars – 11/7 or after
- Officiating Clinic – In Person (Newman U) – December 3rd
- Officiating Scrimmages – December 9th or 10th

OFFICIATING DUTIES

- Online Clinics attached to SportsEngine
 - “Test out” option for returning players
- In Person Clinic - December
 - Take clinics online prior to in person officiating clinic and practice/scrimmages
- Officiating Duties for single day events
 - 1 scorer, 1 libero tracker, 1 visual scorer, 2 line judges, 1 up and 1 down ref
 - Whole team should be prepared to stay and officiate at the conclusion or loss of a bracket game

IMPORTANT WEBSITES

- Sportsengine.com
 - General registration for club volleyball (direct link)
 - Official's Clinics
- HOAvb.org
 - Roster
 - Tournament Schedules
 - Region News
- KsRiseVBC.com
 - Links to bill pay
 - General club info

CODE OF CONDUCT

- Respect, Integrity, Stick-to-it-iveness, and Encouragement
- All players, coaches, and parents are a representation of the Rise program as a whole
- Lead by example

COMMUNICATION & EXPECTATIONS

- Your child is expected to be at all practices and tournaments
- We expect you (or your child if they are driving themselves) to communicate at least 24 hours in advance of missing a practice due to school events or any other absence
- Illness should be communicated as soon as it is known if occurring on a practice day/event day
- Playing time will not be equal for all players.
 - By rule, it cannot (substitution regulations)

ADDRESSING CONCERNS

- Coach → Player → Parent
- Coaches are expected to communicate to the players regarding each person's role on the team – this includes playing time
 - Why players are where they are, why they are not where they are not, etc.
- If you have a concern regarding playing time or other decisions made by the coach – set up a meeting with the coach and your child

ADDRESSING CONCERNS CONT...

- If the issue persists, include the club director (Alexi) in a meeting
- Coaching decisions are made in the best interest of the team. There is a lot of effort that goes into positioning the players to achieve the best outcome for the group. There may be opportunities to mix things up during practice but this is a competitive experience. Playing time will not be equal for all.

FUEL & FITNESS

- Proper nutrition is imperative to focus and perform at the highest level
- Physical Training OUTSIDE of practice will elevate your game
- Both offer \$10 group training/drop in classes (& MORE!)
 - Sport Performance Training
 - David Akao – 316-665-2988 – Operates out of Foundations Fitness
 - Rebel Boxing Club
 - Nichole Seiler – Central & Maize location

UNIFORMS & APPAREL

- Fittings start next week at practice
 - All players will get two uniform tops and a backpack. Shorts can be purchased if needed.
- Shirts & Sweatshirts for sale today!
- Online store for additional apparel – Lawlor's
 - Link will be sent out and posted on Facebook when it's available

PAPERWORK

- 2022-2023 Medical Release
- Parent Agreement and Registration (Google Form)

FEES

- Club volleyball is a very expense heavy sport in the months of November and December. All fees will be due in full by November 7th.
- National Team – will attend a national qualifier
 - \$1000 per player
- Regional Team – 7-9 events with 2-3 larger two-day events
 - \$900 per player
- 11s Team – 6 local tournaments
 - \$700 per player
- 10s Team – 4 local* tournaments
 - \$600 per player

FUNDRAISING

- There will be a few different opportunities for Fundraising for your team and the club. To keep our costs low and help with the large up front cost. Fundraising funds can be used toward individual player fees, family travel costs, and team/club gatherings.
- 2 options were offered this fall
 - Serve-a-thon
 - Chocolate bar sales
- **Working Tournaments**
 - **Jobs include taking tickets (gate) and working the concession stand at our Rise hosted events**